

FINDOS Symposium 30<sup>th</sup> November – 1<sup>st</sup> December 2017

## DENTAL FEAR AND ANXIETY – HOW TO STUDY AND HOW TO TREAT

THURSDAY 30th November

- 08.50-09.00 Opening of the symposium, prof. Satu Lahti, University of Turku  
09.00-09.30 Dental fear as a public health problem  
Prof. Satu Lahti, University of Turku, Finland  
09.30-10.30 Why and what are people afraid of dentistry?  
Prof. Ruth Freeman, University of Dundee, UK  
10.30-10.50 *Coffee and posters*  
10.50-11.45 Measuring dental fear and anxiety – reliability and validity  
Prof. Gerry Humphris, University of St. Andrew's, UK  
11.45-13.00 *Lunch and posters*  
13.00-13.30 Studying changes: dental anxiety as an example.  
Docent Mimmi Tolvanen, University of Turku, Finland  
13.30-14.15 Capturing the nature of dental fear  
Prof. Ruth Freeman, University of Dundee, UK  
14.15-14.45 *Coffee and posters*  
14.45-15.45 Diagnosing dental fear  
Prof. Magnus Hakeberg, University of Gothenburg, Sweden  
15.45-16.15 Discussion

FRIDAY 1<sup>st</sup> December

- 09.00-10.00 Communicating with anxious patients – how research can guide practice  
Prof. Gerry Humphris, University of St. Andrew's, UK  
10.00-10.45 Evidence on different treatment strategies of dental fear and anxiety,  
Prof. Magnus Hakeberg, University of Gothenburg, Sweden  
10.45-11.10 *Coffee*  
11.10-11.50 Treatment of dental anxiety – Finnish experiences  
Professor Vuokko Anttonen, University of Oulu, Finland  
11.50-12.00 Closing remarks