

THE PROGRAMME:

Lecture 1. TIME PERSPECTIVES (12.02.2018: 0930-1115) Place: Korvaklinikan Is TYKS U-sairaala 12 krs

Psychological clock. Past, present and future. Zimbardo Time Perspective Inventory (ZTPI). An optimal blend of time perspectives.

Lecture 2. TIME MANAGEMENT APPROACHES (19.02.2018: 0930-1115) Place: Naistenklinikan Is TYKS U-sairaala 12 krs

Personal Time Management techniques. Approaches in Project Management: Critical chain management and Time boxing. Albert's 'Art of Perfect Timing': Sequence, Temporal Punctuation, Interval and Duration, Rate, Shape, and Polyphony.

Lecture 3. TIME AND LEADERSHIP (26.02.2018: 0930-1115) Place: Korvaklinikan Is TYKS U-sairaala 12 krs

E. Jaques and Strata Leadership. Time horizons. Maturation of potential capabilities. Leader's Vision.