

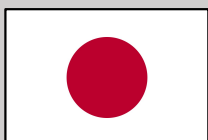


8-11 August 2022 in Turku, Finland

1st Japan-Finland Neonatal Joint Seminar

- Can family-centered neonatal care save hospital costs and improve later outcomes?

Nagano Children's Hospital



Turku University Hospital



Japan-Finland Research Cooperative Program between JSPS and AF
Funded by Japan Society for the Promotion of Science and Academy of Finland

Objectives of this joint seminar are

1. To understand the concept of “Family Centered Care”
2. To review some clinical studies on Family Centered Care
3. To compare the NICU care between Japan and Finland
4. To discuss the future plan in Japan regarding Family Centered Care



Coordinator in Finland: Liisa Lehtonen and Ryo Itoshima

Japanese representatives: Tomohiko Nakamura

Special thanks to Suvi Lähteenmäki for her kind help!

Day 1 (8 August 2022)

On-site time: 9:00-15:30 (Eastern European Summer Time)

Remote time: 15:00-19:30 (Japan Standard Time)

* All schedule is written in Eastern European Summer Time

Location: **Skooppi2** at **Medisiina D** (1st floor)

Zoom link: <https://utu.zoom.us/j/62851021450>

9:00 Opening Speech

Liisa Lehtonen (5 min.)

Tomohiko Nakamura (5 min.) -Remote

Ryo Itoshima (5 min.)

9:15 Self-introduction and icebreaker

9:45-10:00 Coffee break

10:00 Lecture: History and background of Family Centered Care

Liisa Lehtonen (20 min. + Japanese translation 20 min.)

Anna Axelin (20 min. + Japanese translation 20 min.)

Sari Ahlqvist-Björkroth (20 min. + Japanese translation 20 min.)

12:00-13:00 Lunch at the **Majakka Sairaala Café**

13:00 Lecture: How does hospital design support Family Centered Care?

Liisa Lehtonen (15 min. + Japanese translation 15 min.)

13:30 Tour of the Neonatal Intensive Care Unit at Turku University Hospital

(No remote session)

NICU rooms: Liisa Lehtonen

Milk bank: Minna Paaso

15:30 Wrap up

(No remote session)

Takehiko Hiroma

Day 2 (9 August 2022)

On-site time: 7:30/9:00-22:00 (Eastern European Summer Time)

Remote time: 18:30-21:45 (Japan Standard Time)

* All schedule is written in Eastern European Summer Time

Location: (morning) Majakkasairaala NICU

(lunch and afternoon) Radisson Blu Marina Palace

Zoom link: <https://utu.zoom.us/j/67611982672>

7:30-10:00 Observation of the collaboration and the Close Collaboration training at Tyks NICU + Reflection

(No remote session)

Doctors from Japan

Sari Ahlqvist-Björkroth, Sanna Pick, and Ryo Itoshima

9:00-11:00 Participation in doctor's rounds at Tyks NICU (+ Reflection)

(No remote session)

Nurses from Japan

Liisa Lehtonen and Vilhelmiina Parikka

-Move to Radisson Blu Marina Palace -

11:30-12:30 Lunch at the restaurant in Radisson Blu Marina Palace

12:30 Presentations: Research on the Close Collaboration with Parents training

Does the Close Collaboration with Parents training promote family centered care?

Mirka Toivonen (15 min. + Japanese translation 15 min.)

Do Family Centered Care interventions shorten the length of stay of preterm infants?

Ryo Itoshima (15 min. + Japanese translation 15 min.)

13:30 Presentations: Parental voice and its importance in NICU

Does hearing parents' voices in the NICU support development in preterm infants?

Anette Aija (15 min. + Japanese translation 15 min.)

Does parent-infant closeness affect the amount of parental voice in NICU?

Laura Aarnos (15 min. + Japanese translation 15 min.)

14:30-14:45 Coffee break

14:45 Presentations: What can we do (did we do) to promote skin-to-skin contact?

Japanese side

Makiko Noda (20 min.)

Finnish side

Sanna Pick (10 min. + Japanese translation 10 min.)

Discussion (20 min.)

15:45 Wrap up

Arata Oda

18:00 General discussion and exchanges at Ukkopekka Dinner Cruises (-22:00)

(No remote session)

Day 3 (10 August 2022)

On-site time: 11:00-13:00 (Eastern European Summer Time)

Remote time: **No remote session**

Location: Paimio Sanatorium

-Move to Paimio Sanatorium -

11:00 Visit to Paimio Sanatorium

Private guided tour in English

12:00 Lunch: Ravintola Toivo at Paimio Sanatorium

Day 4 (11 August 2022)

On-site time: 7:30/8:00-15:00 (Eastern European Summer Time)

Remote time: 16:00-21:00 (Japan Standard Time)

* All schedule is written in Eastern European Summer Time

Location: (morning) Majakkasairaala NICU
(afternoon) Skooppi2 at Medisiina D (1st floor)

Zoom link: <https://utu.zoom.us/j/64299800107>

7:30-10:00 Observation of the collaboration and the Close Collaboration training at Tyks NICU + Reflection

(No remote session)

Nurses from Japan

Sari Ahlqvist-Björkroth, Sanna Pick, Anna-Riina Koskeniemi, and Ryo Itoshima

8:00-10:00 Participation in doctor's rounds at Tyks NICU

(No remote session)

Doctors from Japan

Liisa Lehtonen and Vilhelmiina Parikka

10:00-10:55 Joint Reflection (at Skooppi2)

All participants from Japan

Liisa Lehtonen, Ahlqvist-Björkroth, Sanna Pick, and Ryo Itoshima

10:55 Greetings from Japan

Tomohiko Nakamura -Remote

11:00-12:00 Lunch at Bistro Elli

12:00 Lecture: Overview of the Close Collaboration with Parents training

Sari Ahlqvist-Björkroth (20 min. + Japanese translation 20 min.)

12:40 lecture: Successful implementation of the CC –program

Anna Axelin (20 min. + Japanese translation 20 min.)

13:20-13:45 Coffee break

13:45 Presentation: Plans for the implementation and related joint research

Ryo Itoshima (20 min. + Japanese translation 20 min.)

14:25 Discussion: How to plan the implementation of the training and carry out the related research?

All participants from Japan

* In Japanese except for the summary at the end

15:00 Closing remarks

Takehiko Hiroma

Liisa Lehtonen