

Welcome to Rauma Campus!

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1 Important things to do!

1.1 Before arriving (non-EU residents): residence permit

Before arriving in Finland, if you live outside of the EU you must obtain a residence permit.

More information can be found from the Finnish immigration service:

<https://migri.fi/en/home> You can apply online but a visit to the consulate/embassy for biometric identification is required. EU residents do not have to apply for a residence permit just transfer their residence to Finland and provide documentation of sufficient funds.

1.2 Registering as a resident of Finland

When arriving in Finland you must register in the Finnish Population Information System which is a computerized national register that contains basic information about Finnish citizens and foreign citizens residing in Finland on a permanent or temporary basis.

The information in the system is used throughout Finnish society's information services and management, including public administration, elections, taxation, judicial administration, research, and statistics.

The registration process varies depending on your country of origin. For more information:

Finnish Immigration Service (Migri): <https://migri.fi/en/home>

Info Finland (available in many languages) <https://www.infofinland.fi/en/moving-to-finland/registering-as-a-resident>

EnterFinland website: <https://enterfinland.fi/>

Digital and Population Data Services Agency: <https://dvv.fi/en/foreigner-registration>

Information about income requirements for students: <https://migri.fi/en/income-requirement-for-students>

Documents that you need for registering:

- Passport
- Residence permit card (non-EU students)
- Registration certificate
- Address in Finland/Rauma

1.3 Finnish ID

Obtaining a Finnish Identification code is mandatory for all students. You must do this in the first three months of your studies!

Apply for Finnish ID code at DVV = Digital and population data services agency.

<https://dvv.fi/en/individuals>

<https://dvv.fi/en/as-a-foreigner-in-finland>

The DVV will send your Finnish ID code to you. You must send it yourself to the university Student Center Disco disco@utu.fi

1.4 Getting a phone and making phone calls

Most people in Finland have a mobile phone because they are relatively inexpensive to use. Mobile phones are often also the only way of reaching people in Finland as it is nowadays rare to have a landline and pay phones have become almost extinct.

A basic mobile phone costs from €50–150. There are several mobile phone operators in Finland. The biggest nation-wide operators are DNA, Elisa, Saunalahti and Sonera. A simple way to open a line is to acquire a pre-paid card (e.g. DNA Prepaid, GoMobile Prepaid, Saunalahti Prepaid, Sonera Easy, Tele Finland Helppo). The cards are rechargeable and can be purchased at R-kiosks, mobile phone shops and online.

Opening a normal mobile phone line is often free of charge, but foreigners who do not reside permanently in Finland are usually required to pay a deposit. The monthly fee and the prices of phone calls vary according to the operator and the connection. If you have an Internet connection, you can also stay in touch with your friends and family free of charge by making use of for example [Skype](#) or other peer-to-peer Internet telephone networks.

If you would like to make an overseas phone call from Finland, dial:

+ (or 00)

Country code

Area code leaving out the first number

Number of your contact

1.5 Bank account

Opening a bank account requires:

- A reason for opening the account
- A passport as identification
- Certificate of Registration from the university
- An address in Finland
- A certificate of grant (if applicable)
- A Finnish ID code (from the Digital and Population Data Services Agency = DVV)
- A Finnish ID card (possibly for master students, from Police)

Sometimes also...

- Letter of recommendation from previous bank.
- Bank statements from previous months.

2 General information about studies

2.1 General info

2.1.1 Info for new students

<https://www.utu.fi/en/study-at-utu/accepted-students>

2.1.2 Student union TYY

What is TYY? Student organization that promotes student interests. Every university has their own student union.

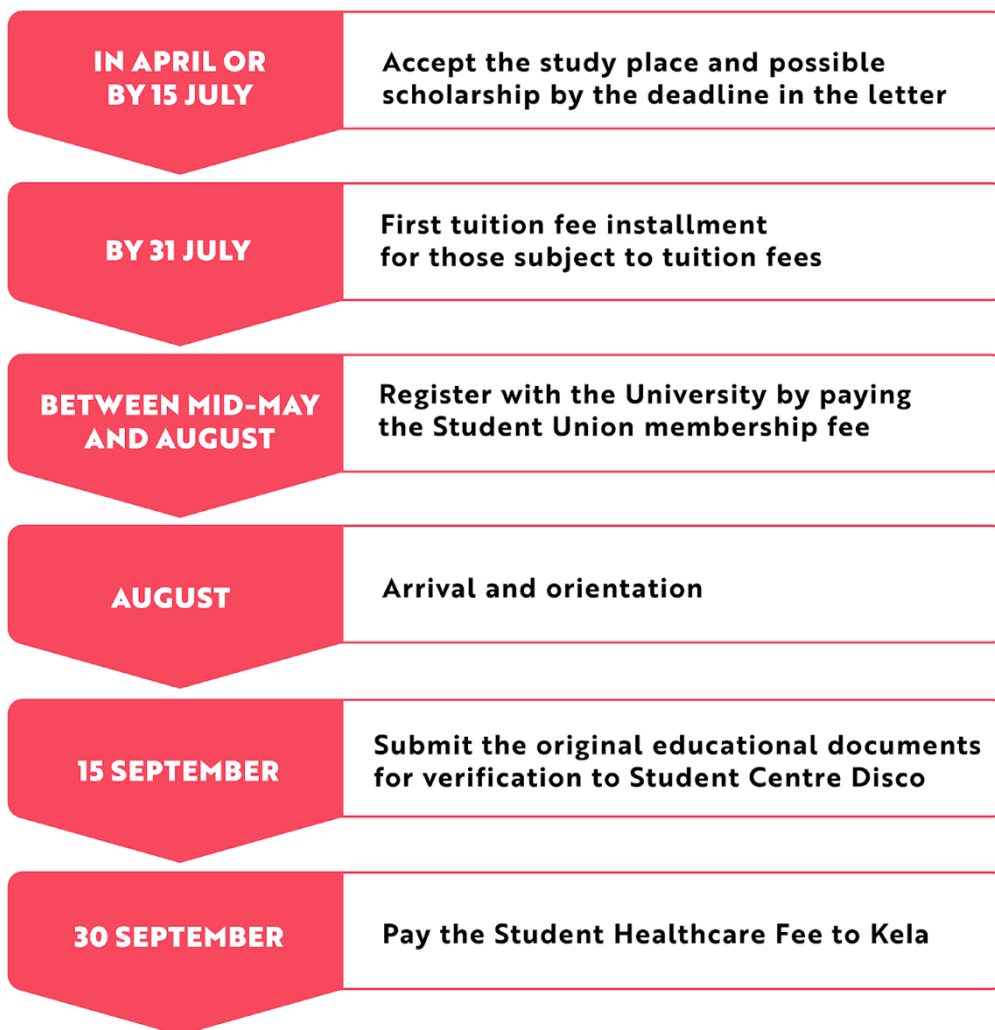
Membership

- Obligatory for degree students/voluntary for exchange students
- Payment received with admissions info
- Problems contact tyy (Vilma Virtanen) tyy-internationalspecialist@utu.fi

2.1.3 Student ID card/discounts

- Digital or plastic (plastic costs, Frank app is free)
- Promote student interests to make student life great!
- Get by paying TYY fee and then download the Frank app (or order the plastic card)
- Frank app only works when payment registered and study right is activated.
- Benefits: services and legal advice, student lunches, discounts in trains/busses, TYY calendar, TYY rentals (rent cutlery for events for example) and Tykkäri newspaper

2.2 Deadlines



2.3 Orientation week

Orientation week will take place on the 22nd of August to 26th of August. We are looking forward to seeing you!

2.4 Study platform links

Your UTU user account is used to sign into all of the University data systems. See “IT contacts and printing” below for how to activate your UTU user account.

- Moodle is the platform where you can see detailed information about your courses. You can find course materials, assignments, return assignments, and take exams for some courses among other things in Moodle: moodle.utu.fi

- Peppi is a study system where you can see your study plan, view and register for courses, see your grades, book online exams among other things: student.peppi.utu.fi
- The university has an intranet where you can find internal university information: intranet.utu.fi
- Lukkari is where you can see your schedule for the year. You need to enter the name of your study group and then your schedule will appear. You can also download your schedule to various calendar programs as well: lukkari.utu.fi
- UTU-Volter is the library system for the university. Here you can find articles and books and manage your library loans: utuvolter.fi
- You can access your university email by typing in your user id and password at: mail.utu.fi
- Office 367 + OneDrive

2.5 Student well-being

Well-being Services for Students:

- Campus Sport
- Accessibility Planning Officer
- Study Psychologist Services
- Early Support of Study Ability

Accessibility Planning Officer

Every member of the University community has the chance to take part in the University's activities and develop their abilities and know-how.

- Accessibility means easy access to physical environment and buildings.
- Availability of studying and teaching means, for instance, that students have a possibility to get study material in a suitable format. It could also mean organising the study place or situation so that it is suitable for a student with a wheelchair or dyslexia.
- Support for learners with special needs
- The student can receive a recommendation of special study arrangements due to disability, illness, dyslexia, or learning difficulties.

https://intranet.utu.fi/index/accessibility_studying/Pages/default.aspx OR esteet@utu.fi

Study Psychologist Services

- experts in educational psychology and in student counselling
- for students who want to reflect on their goals and motivation and develop their learning skills
- aim is to find solutions together with the student to the problems that can arise in:
 - studying and learning skills
 - writing the thesis (for example, seminar papers and the thesis itself)
 - matters related to motivation in studying and learning
 - time management
 - ability to study and coping

https://intranet.utu.fi/index/Study_Psychologist/Pages/default.aspx

- 1-5 meetings (live or on line)
- available for the degree students of the UTU, i.e. students who are carrying out a degree (not, for example, exchange students)

Early Support for Students

The well-being of students and staff stems from balanced, inspiring, and functional everyday life in the University community > everyone can direct their energy to learning, teaching, and performing other important work tasks.

- There may be occasional disturbances in studying and teaching which effect on well-being.

When any member of the University community feels that the prerequisites for normal studying or working are disturbed, the matter should be discussed as early as possible.

- To clarifying situations and finding solutions, both teachers, teacher tutors as well as students and student tutors can get support from their faculty (Head of Academic and Student Affairs or Student Advisor) and from support services (especially Educational Support Services, Student Support Services, Study and Work Well-Being Services)

2.6 Student overalls

The student overalls are a traditional form of clothing that you can purchase in your first year of school. A small committee is formed with members from each degree program to obtain sponsors and purchase the overalls. The overalls are primarily worn at student parties by students who attend universities and universities of applied sciences. The student overalls are practical for various student events because you can protect the clothes underneath from dirt and you do not have to spend time choosing what to wear. They also contain large

pockets for carrying your belongings and are a symbol of student life in Finland. Cloth badges/patches are often collected and/or exchanged with other students and sewn on the overalls as souvenirs of different student events throughout the course of your studies. The colour of the overalls and the emblem of the school or student organisation on the back shows the place of study and degree programme. In some student circles, it is customary to exchange part of the overall leg with the person you are dating.

3 Information about Rauma Campus

3.1 General

- Turku University Rauma campus map:
<https://www.utu.fi/sites/default/files/media/campusmap-rauma-2021.pdf>
- <https://www.utu.fi/en/university/rauma-campus>

3.2 Contact information for department of teacher education in Rauma

<https://www.utu.fi/en/university/faculty-of-education/department-of-teacher-education/contact/rauma>

3.3 IT contacts and printing

Once you have registered with the University of Turku as attending, then you can activate your UTU personal user account. The university personal user account allows you to sign into university data systems, access the wireless network, sign into university workstations, and print for example. Buying printing credits is done through the Utu-shop which can be found in the intranet.

The user account is important to access electronic services for your courses and official university information is only sent to your UTU user email account. To activate your account:

- With online Finnish banking credentials: <https://idm.utu.fi>
- Without online Finnish banking credentials: at any **IT helpdesk** (on the Rauma campus it is located in the Tornio building)

For IT issues contact: helpdesk@rauma.fi

3.4 Tutor contacts

Tinja Vihervuori

- tmvihe@utu.fi

Ramona Raynor-Karjalainen

- raraka@utu.fi

Emmi Jaara

- ejjaar@utu.fi

Katri Lugo

- khlugo@utu.fi

3.5 Telegram groups

Telegram is the primary communication channel with your tutors and fellow classmate. You can use these channels to get to know each other, share information with each other, ask questions, and communicate during your studies. There are groups for each international program and a group for matters common to all international students.

- Early Childhood Education - BaECTE 2022: <https://t.me/+eEofJ3ohRyNiYzRk>
- Primary Teacher Education - BaPTE 2022: <https://t.me/+B3RS07xYFkRiMWVvk>
- New International Students 2022 (BaECTE + BaPTE + tutors and contains general information relevant for both groups): <https://t.me/+Lglrjj3l8xllODfk>

3.6 Instagram

Check out our Instagram account with pictures and information about the campus, Rauma, and student life: www.instagram.com/oklinternationalstudents22/

3.7 Library

The Rauma campus has a library building where you can borrow copies of course books and other books. When you arrive on campus you will need to obtain a library card. A library card can be obtained free of charge from any of the library units by providing an identity card and an address in Finland. You can order a library card beforehand with the library card application form.

A barcoded library card from any Finnish university library or a student card from any other Finnish university can also be used, it just needs to be activated in the library before use. A

library card is personal. You, as the card holder, are responsible for all material borrowed with the card and must agree to comply with the rules and regulations of the library.

The library on the Rauma campus also has rooms for studying and reading. Check the intranet for opening hours and more information about the library.

UTU-Volter is the library system for the university. Here you can find online articles and resources as well as reserve books and manage your library loans: utuvolter.fi

There is also the possibility to borrow books and other items such as sports equipment, movies and music from the Rauma Town library. A separate library card is needed and can be obtained by visiting the main library. See below for more information.

3.8 Student lunches and reasonably priced meals

Students receive a discounted price on lunch in student cafeterias (they are about 2,70€). You need to show your student ID when paying for your lunch at school in order to receive the student lunch price. You can eat in the restaurant or buy portions to go.

- Amica Torni on Rauma campus: <https://www.amica.fi/en/restaurants/ravintolat-kaupungeittain/rauma/torni/>
- SAMK student restaurant: <https://www.juvenes.fi/kanali/en>

You can also use the Frank or Slice apps to get discounts at local restaurants. The Resq app also provides a way to get discounted meals from local restaurants.

3.9 Student organisations in Rauma

Student organization offices can be found in the Seminar garden building.

Opekas (Rauma teacher student organization):

- <https://www.opekas.fi/en/>

Lastopet (Early childhood teacher student organization):

- <https://www.lastopetry.com>

Lokilta (Primary teacher student organization):

- <https://lokilta.fi>

TK-Kilta (Handicrafts teacher organization):

- <https://tkkilta.wordpress.com>

3.10 Student hobby organisations

- Sempun pallo (sports)
- Semppu ensemble (music)
- Student theatre QME
- Rausku (fishing and outdoors)
- campus mowe (Rauma/Pori) <https://campusmowe.fi/fi-fi/article/etusivu/rauma/30/> (sports and exercise)

3.11 Campus pastor

The campus pastor is available to help students regardless of religious affiliation.

Milla Voudinlehto
Oppilaitospastori
Rauman seurakunta
milla.voudinlehto@evl.fi
044 769 1288

4 Information about Rauma

4.1 Rauma

- General info: <https://www.rauma.fi/en/>
- Town customer service point: <https://www.rauma.fi/en/city-administration/services/service-point-pyyrman/>
- Rauma then and now group (in Finnish but lots of nice pictures of Rauma) [\(4\) Rauma ennen ja nyt | Facebook](#)

4.2 Transportation

Links to transportation sites

If you have a car and want to park on campus then you need to make sure that you have registered your vehicle in the parking system. Parking fines are 50 euros. There are free parking areas outside of the campus grounds.

4.3 Housing and living

One should apply for student housing as soon as possible after confirming your study place.

Rauma town student housing: After applying it may take some time to hear. When they have an available apartment they will inform you about 1-2 months before the move-in date. The contact person is Maria Silver (maria.silver@rauma.fi) and she can be contacted if you have questions regarding your application, housing etc. Typically electric, water and internet are included by always check once you get your offer to be sure. Most are unfurnished.

<https://www.rauma.fi/asunnot/en/for-applicant/apartments-for-students-and-under-the-age-of-29/>

Vuokra-asunnot Rauma | Rental Apartments Rauma Facebook group

If you would like to rent an apartment outside of the student housing then you can use this Facebook group as a way to find available apartments in the local area. People who have apartments to rent post here but you can also post an ad (also in English even if the group is mainly in Finnish) if you need an apartment.

<https://www.facebook.com/groups/1670451186541272>

4.4 School and childcare

- Pikku Norssi
- Rauma English Kindergarten: <https://www.enkkutarha.fi/>
- <https://www.facebook.com/sinilinturauma> (open daycare Bluebird)
- Rauma town schools (teaching all in Finnish): <https://www.rauma.fi/en/day-care-and-education/basic-education/basic-education-schools/>

- Rauman normaalikoulu: Rauma Teacher Training School that includes grades 1-9. Some classes are taught partially in English. Also the school where teaching practice in English takes place. <https://sites.utu.fi/rnk/en/>

4.5 Things to do + hobbies

Outdoors:

National park information: <https://www.nationalparks.fi/>

In Rauma:

<https://www.visitsatakunta.fi/?lang=en>

<https://www.visitrauma.fi/en/good-to-know/tourist-information/>

Student organizations provide lots of opportunities for hobbies and it's a good way to make new friends. They also organize various student events and activities.

Outside of school you can also take courses at the local adult education center (Rauman kansallaisopisto: [Rauma Adult Education Centre - Kansalaisopisto](#)). The courses start in early Fall and January and are mostly in Finnish but there are some classes offered in English as well. They offer a range of Finnish courses from beginner to more advanced levels.

There are lots of local organizations to join for a wide variety of interests like sports, dance, culture and art, music and much more! Here is a list of sports organizations (in Finnish but some clubs have web pages in English like Rauma Basket basketball club): <https://www.rauma.fi/vapaa-aika-jaliikunta/liikunta/liikuntalajit-ja-seurat-2/>

Rauma has a swimming hall, outdoor swimming pool (summer months) and many local gyms. Students can get discounted gym rates at some gyms and other places too – be sure to ask! In the Ota area there is a sports area with a track and field, volleyball courts, padel courts, an outdoor pool and much more. Lähdepelto is another area that has an outdoor gym, climbing stairs, walking trails, tennis courts and much more. Rauma is full of trails and places to explore!

4.6 Places to buy furniture

- Fleamarkets (see fleamarket section)
- <https://jysk.fi/>
- <https://www.sotka.fi/>
- <https://www.isku.com/fi/fi>
- <https://www.ikea.com/fi/fi/> (not in Rauma but delivery is possible)
<https://www.ikea.com/fi/fi/stores/raisio/>

4.7 Facebook resources for Rauma

- Rauma in English: <https://www.facebook.com/groups/raumainenglish>
- Roskalava rauma: People give away items that are in good condition for free such as furniture, small appliances, sheets, decorative items to help with a new apartment. You can also say you are a new student and are looking for certain items. If someone has something they will post what they have. Good if you want to get rid of something or if you are on a budget and want to find some free

items. <https://www.facebook.com/groups/502058263243414> and <https://www.facebook.com/groups/294121189022393>

- Fleamarket pages:
 - Punainen Risti (right next to campus) has dishes, furniture, linens etc. at reasonable prices. You can also donate items that you no longer need by dropping them off during opening hours. They also pick up donated furniture items that are in good condition. <https://rednet.punainenristi.fi/node/12206> or their Facebook page <https://www.facebook.com/groups/152159851476520/>
- Rauman kampuksen fuksit 2022 (Rauma campus freshman 2022) is a group for all incoming students in the 2022 class. Information about events and activities are posted here and you can also ask any questions you might have: <https://www.facebook.com/groups/3277377255825881>

4.8 Food

4.8.1 Food stores and purchasing alcohol

- Alko <https://www.alko.fi/> - Drinking age 18. Beer, cider and other lower alcohol content drinks can be bought in supermarkets, higher alcohol content drinks can only be bought in Alko.
- Larger markets with food and household items: Prisma (www.prisma.fi), City Market (<https://www.k-ruoka.fi>), Pick n Pay (<https://www.picknpay.fi/>), LIDL
- Smaller markets in local neighborhoods: K-market, K-supermarket, S-market, Sale
- Ordering groceries for delivery or pickup (only available in Finnish):
 - <https://www.s-kaupat.fi/>
 - <https://www.k-ruoka.fi/>

4.8.2 Take out

- <https://wolt.com/fi/fin/rauma/restaurants>
- <https://www.foodora.fi/en/city/rauma?r=1>

4.9 Health and Emergencies

The primary health service for students is the Finnish Student Health Care Services.

- Finnish Student Health Care Services: The purpose of the FSHS is to provide student health services, as stipulated in the Health Care Act, for those studying for a Bachelor's or Master's degree at a university or other institution of higher education.
[Frontpage - FSHS \(yths.fi\)](https://www.yths.fi)
- Student health care fee paid via Kela 2x per year
<https://www.kela.fi/web/en/healthcare-fee-for-students-in-higher-education>
- <https://www.kela.fi/web/en/how-to-pay-the-student-healthcare-fee-in-higher-education>

Rauma town also has health services and, if you become sick after hours for example, you can go to the emergency room. The ER services are available in Rauma only during certain hours and if you become sick in the middle of the night you may need to go to the emergency room in Pori.

- <https://www.rauma.fi/en/social-services-and-health-care/health-services/>
- Emergency number: 112
- Poison information center: 0800 147 111
- 112 Suomi is a good app to have on your phone in case of emergencies.
- <https://ruoka-apu.fi/en/home/> help with food for those with financial problems
- Police: <https://poliisi.fi/en/contact-information/station/-/asema/5663>
- <https://utu.pelsu.fi/rauman-okl/>

Pharmacies in Rauma (Apteeki in Finnish)

<https://www.raumankeskusapteekki.fi/> (a block from campus)

City Market and Prisma both have pharmacies.

Mental Health: <https://mieli.fi/en/LI>

<https://www.nyyti.fi/en/> (mental well-being for students)

Support for victims of crime: <https://www.riku.fi/en/>

4.10 Libraries

Rauma town library has many locations throughout the town. It is also possible to borrow books from other locations in the Satakunta region. You can also borrow things like sports equipment, video games, CDs, and movies. They have quiet reading rooms for study available and a small cafe. There is also a food cupboard where you can donate or pick up food items for free.

Info: <https://www.rauma.fi/en/offices/rauma-town-library/>

Search for books: <https://satakirjastot.finna.fi/?lng=en-gb>

5 Information about Finland

Comprehensive guide to living in Finland:

<https://www.infofinland.fi/en/frontpage>

<https://enterfinland.fi/eServices/info/europeanpermits>

<https://finland.fi/>

Vappu info (May 1st): <https://tys.fi/en/vappu-the-origin-story>

Holidays (overview):

<https://new.visitfinland.com/en/articles/traditional-finnish-celebrations-and-parties/>

<https://new.visitfinland.com/en/>

6 Finnish language

6.1 Where to learn Finnish

- Duolingo app
- Rauma adult education center (courses start in early Fall, some courses start in January): <https://www.rauma.fi/kansalaisopisto/en/>
- Online courses can be found here (also courses in-person courses in larger cities): <https://finnishcourses.fi/>
- Open University (includes online courses): <https://studyinfo.fi/wp2/en/>

6.2 Finnish words

Hi/Hey! = Hei! Moi! Terve!

Yes = Kyllä

No = Ei

Thank you! = Kiitos!

You're welcome! = Ole hyvä!

Sorry = Anteeksi

Good morning = Hyvää huomenta

Good afternoon = Hyvää päivää

Good night = Hyvää yötä

How are you? = Mitä kuuluu?

How's it going? = Kuinka sinulla menee?

I don't understand = Minä en ymmärrä

I don't speak Finnish = Minä en puhu suomea

Can you help me? = Voitko auttaa minua?

Where is...? = Missä on...?

Cheers! = Kippis!

one, two, three, four, five = yksi, kaksi, kolme, neljä, viisi

six, seven, eight, nine, ten = kuusi, seitsemän, kahdeksan, yhdeksän, kymmenen