Nordic Institute of Dental Education

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Beyond the basics of CAD/CAM

7-8 NOVEMBER, 2019 – Planmeca Digital Academy Training Center, Helsinki
Lecturers: Dr. Rupert Austin, Mr. Petri Kajander (Hands-on, Planmeca)

Thursday, 7 Nov

8:30 Transfer from the recommended hotel to the training center

9:00-9:15 Welcome, coffee, introductions

9:15-10:45 Preparation rules for multiple restorations in the anterior zone. Lecture and hands-on

10:45-11:00 Coffee break

11:00-12:30 Preparation rules for multiple restorations in the posterior zone

12:30-13:30 Lunch break

13:30-14:30 Tooth wear and occlusion

14:30-15:30 Techniques for optimal tissue management and provisionalization

15:30-15:45 Coffee break

15:45-16:45 Material selection in anterior and posterior cases

16:45-17:00 Wrap-up, Questions & Answers

17:15 Departure to the seasonal side program

20:00 Return to the recommended hotel

Friday, 8 Nov

8:30 Transfer from the recommended hotel to the training center

9:00-10:45 Planning, placing and restoring single and multiple implant-retained restorations

10:45-11:00 Coffee break

11:00-11:45 Continuation planning, placing and restoring single and multiple implant-retained restorations

11:45-12:30 Material selection for implant-supported restorations

12:30-13:30 Lunch break

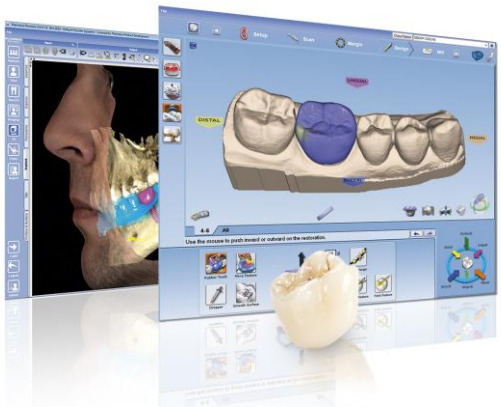
14:00-15:30 Hands-on: Scanning and designing a single implant-supported crown

15:30-15:45 Coffee break

15:45-16:45 Clinical complications and solutions for multiple restorations

16:45-17:00 Wrap-up, Questions & Answers. Certifications and goodbye drink

17:00 Transfer to Helsinki city center



All times are local times in Finland. The training center is located about 10 kilometers from the hotel so please bring all the belongings that you might need during the day with you in the morning.

The time zone is Eastern European Summer Time GMT+3. Please try to be punctual with the times to avoid making the rest of the group wait.

NIDE Team contacts

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Key addresses in Helsinki

Recommended hotel: GLO Hotel Art
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Reception: +358 103444100

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Asentajankatu 6, 00880 Helsinki

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