



Career Services

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UNIVERSITY
OF TURKU



Rekry

(Career Services at University of Turku)

Staff:

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Career Services for Students

- Personal career planning discussions
- CV Clinics
- Mock interviews
- Events
- Mentoring Program
- Projects (e.g Project Aces: Students in multidisciplinary groups doing real-life projects with clients. GO: coaching course for generalists)

Career Services is in contact with

- student union and student organizations, to maintain the discussion of the students needs and of the career services available
- the study programs to gain information and to promote taking work life skills into consideration in the programs
- employers and recruiters to stay in tune with the requirements and to promote university students agenda

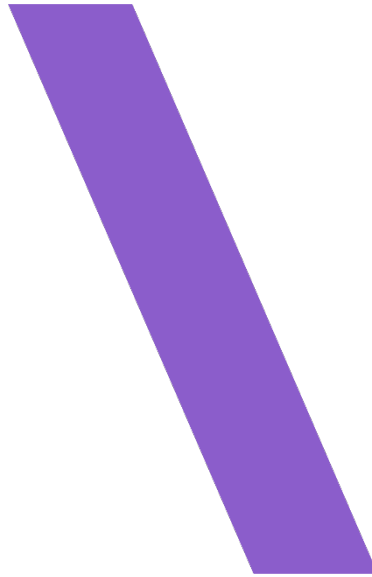
Career Services for Students



- Job and internship database
 - Service is operated by multiple universities in Finland
- Internships in Finland and abroad
 - Also financial support for the students / employers to cover a part of the employment costs
- Info on placement in the labor market
 - Career monitoring surveys one year and five years after graduation
 - Toissa.fi
- Courses and career coaching programs:
 - GO: Career coaching especially aimed for generalists
 - Find Your Career: Turku area higher education institutions have organized the program together for bachelor, master and PhD -students of all the institutions
 - Courses on the curriculum: Self-Knowledge and Employability Skills 2 ECTS, Career Management and Job Search Skills 2 ECTS



Career Services for Employers



**Free job and internship
database**

**Project Aces Student –
Company projects**

Events & Campus visibility

**Advice on internships and
commissioned theses**

Career Services for Academic Staff

- Lectures on employability/ career planning
- Programme/ subject specific information on employment & graduates
- Internships – Coordination and development
- Thesis work cooperation

- Packages for:
 - tutoring teachers
 - study advisors
 - anyone who is organizing a course on working life/career planning/job search

a) Career Planning – a Step Towards Successful Job Hunt (30-60 min)

- The role of your personality, interests and values in finding a job
- Recognizing your competences
- Generic skills and working life in the future
- Get to know the labor market
- Set your goals

b) Job Searching Skills (45-90 min)

- The process of job search
- Hidden job market and contacting employers
- Tips for great CV and resume & get ready for a job interview
- Social media in job hunt

c) Internships – Strengthen Your Work Life Skills and Knowledge (30-60 min)

- How to apply for an internship in Finland
- Information about international internships
- Feedback from students and employers

d) Tracking the Graduates (30-60 min)

- Employment situation after 1 and 5 years after graduation in your major/department/faculty
- Typical titles & employment sectors
- The role of university qualifications & skills and competences needed

e) LinkedIn in Job Hunt – a Workshop (90 - 120 min)

- The workshop is held in a computer class and includes individual guiding
- Creating a LinkedIn profile
- Optimizing your profile for job hunt
- LinkedIn groups in networking

f) Career Planning as Part of Study Planning (60 - 90 min)

- Targeted for first/second year students to encourage them to adopt the mindset of career planning from early on
- What is career planning and why you should start thinking about it now?
- Recognising your competences
- What kind of opportunities are there in your field?
- What to consider when choosing your minors

g) "A Quick Wake Up Call" (15 - 20 min)

- Suitable eg. as a part of a joint meeting with tutoring teacher
- Basic knowledge and benefits of career planning
- Possible to include information of some current theme, e.g. internships, minors, summer jobs



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Thank you