

**CampusSport**

# **Smart Exercise**

[www.campusport.fi](http://www.campusport.fi)  
[info@campussport.fi](mailto:info@campussport.fi)



Workout

Gym

Combat & Ballsports

Competition

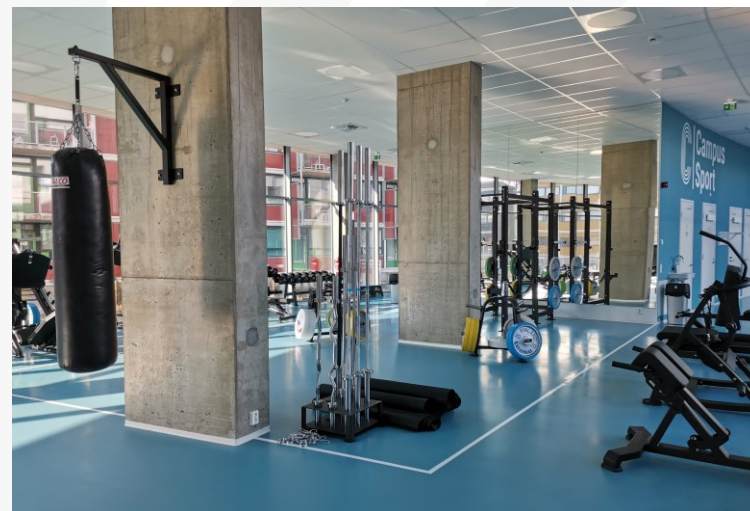
**CHOOSE YOUR PATH.**



**Gym**

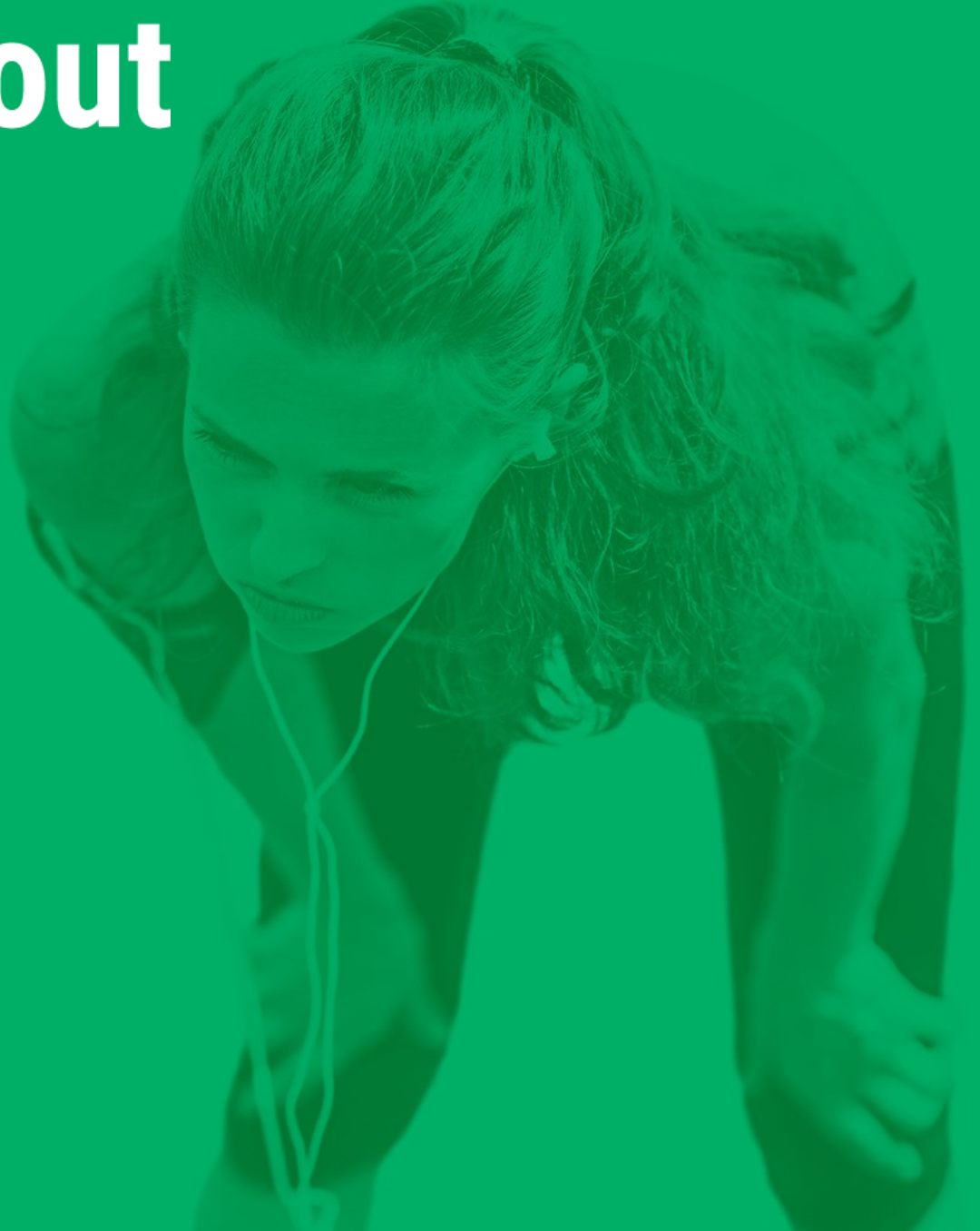


- Aurum (Henrikinkatu 2), 383 m<sup>2</sup>
- Educarium (Assistentinkatu 5), 90 m<sup>2</sup>
- Formis (Ajurinkatu 2), 115 m<sup>2</sup>
- Roddis (Hämeenkatu 22), 135 m<sup>2</sup>
- Tyyssija (Inspehtorinkatu 12), 268 m<sup>2</sup>





# Workout



## **Instructed classes**

### **Muscle tone**

- Pump, Abs, butt and thighs, EasyTraining

### **Heart Rate**

- Bike, HIIT, Combat

### **Dance**

- DanceFit, Latin Show, HipHop

### **Body Maintenance**

- Deep stretching, Yoga, Pilates







# Combat & Ballsports





## Ball sports shifts

- Floorball, Futsal, Basketball, Badminton, Padel

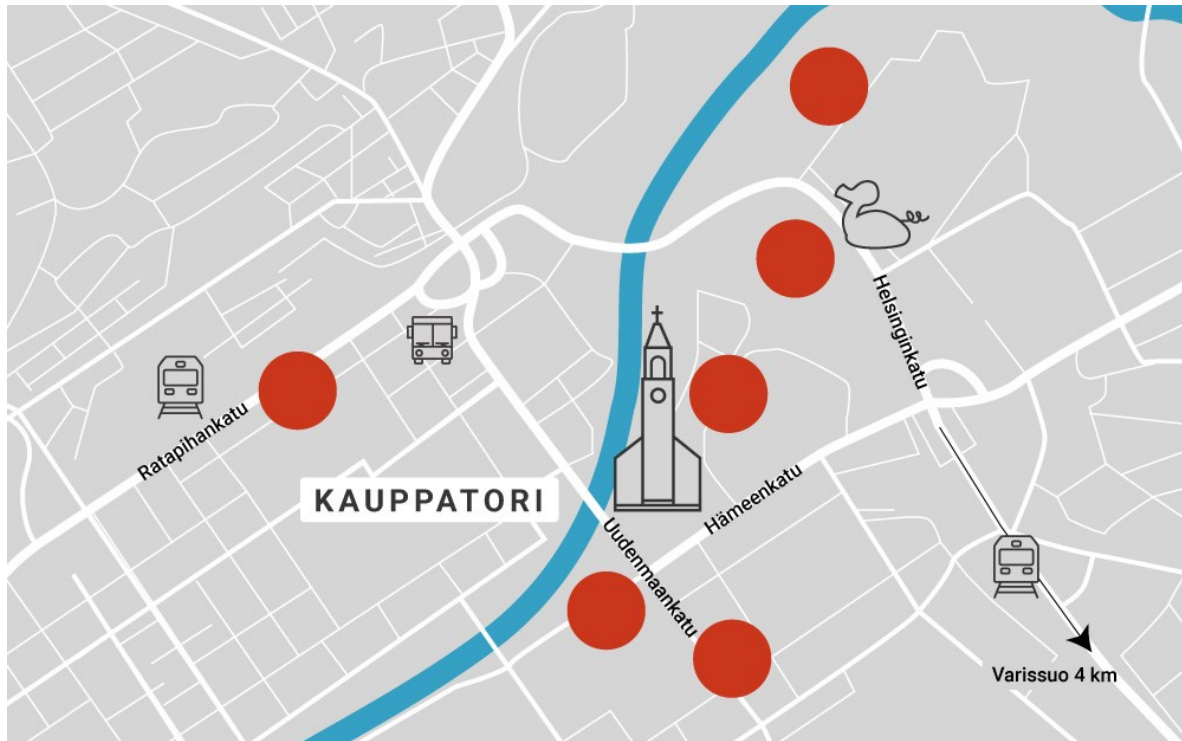
## Combat sports

- Taekwondo





# Map of the sports facilities



**How to join?**



## **Prices and seasons**

Sports fees for students

- **78 euros** / academic year (fall AND spring)
- **51 euros** / semester (fall OR spring)
- **21 euros** / 30 days (valid from the time of purchase)

**Fall semester 1.9.–31.12.2023**

(instructed classes and ball sports shifts 4.9.–14.12.)

**Spring semester 2.1.–30.4.2024**

(instructed classes and ball sports shifts 8.1.–29.4.)

## Join in!

- [www.campusport.fi/en](http://www.campusport.fi/en) -> online store
- Log in with your university credentials and pay the desired fee (+ key tag)
- **Remember to log out if you use the same computer with friends!**
- Go to activate the tag at the service desk (Educarium, Sport Sirkka)
- Find out more on our website!





**Free trial period 4.9.-17.9.2023**

**Welcome!**

# Additional services





## **Affordable services for those who have paid the sports fee**

- **Massage**
- **Nutritional counseling**
- **Personal trainer services**

The prices and instructions how to make a reservation can be found on our website, see the section other services.



## Competitions

- 24 competitions for all students and staff members of the universities in Turku
- You don't have to pay the sports fee in order to participate
- In the autumn e.g. football, volleyball, bubble football, golf, tennis
- [campussport.fi/competitions](https://campussport.fi/competitions)





## **Courses**

- 10 courses
- separate fee 32-72 €
- 5-8 meetings
- You don't have to pay the sports fee in order to participate
- We offer e.g. aerial acrobatics, pole dancing and kickboxing

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**Join us!**

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