

Media Interview and Equity Training

Time: 23.2.2026

Place: Dentalia building, seminar room Dent1

Programme

9.00-9.05 Welcome Words, Markus Juonala, SYS-LIFE Director

9.05-11.00 Media Interview Workshop, **Sari Sarelius**, Journalist

Interview session with: **Suman Vimal**, **Muhammad Shafiq** and **David Molnar**

11.00-11.15 Break

11.15-11.45 Introduction to Diversity and Inclusion Workshop, **Malin Gustavsson**, Ekvälita

11.45-12.45 Lunch at restaurant Mauno ElectroCity

12.45-14.15 Introduction to Diversity and Inclusion Workshop, Malin Gustavsson, Ekvälita

14.15-14.30 Coffee break

14.30-15.30 SYS-LIFE Presentations (15 minutes + 5 minutes Q&A)

Use a simple systemic framing: what part of the system you study, which mechanisms you address, and what data you use or produce. This helps us identify connections and collaboration opportunities across SYS-LIFE projects.

- Progress report – **Jiawei Yang**
- Progress report – **Mika Kajita**
- Research Introduction – **Julian Brandmeier**

This training is organised by SYS-LIFE, Systemic Approaches to Improve Cardiometabolic and Brain Health during Lifespan is Marie Skłodowska-Curie postdoctoral programme cofunded by University of Turku and European union (project 101126611) running from 2023–2028.