

Presenting Your Research: Visualization, Media Interview Preparation & DEC Workshop

Time: 22.1.2026

Place: Dentalia building, seminar room Dent4

Programme

- 9.00-9.05 Welcome Words, Markus Juonala, SYS-LIFE Director
- 9.05-10.00 Briefing: How to Succeed in Interviews and Prepare for the Workshop, **Sari Sarelius**, Journalist
- 10.00-11.30 Workshop: Graphics in PowerPoint and Canva + tips for Word, **Suvi Lähteenmäki**, Specialist
- 11.30-12.45 Lunch at restaurant Elli
- 12.45-13.45 DEC Workshop, **Eeva Rainio**
- 13.45-14.15 Science communication at the University of Turku, **Lotta Junnila**, Communications Coordinator & Photo Session, **Nina Nevalainen**, Graphic designer
- 14.15-15.15 DEC Workshop & Photo Session

This training is organised by SYS-LIFE, Systemic Approaches to Improve Cardiometabolic and Brain Health during Lifespan is Marie Skłodowska-Curie postdoctoral programme cofunded by University of Turku and European union (project 101126611) running from 2023–2028.