

Preparing a Successful Secondment and Proof of Concept

Time: 22.4.2026

Location: Dentalia building, seminar room Dent 1

Programme

- 9.00–9.30 Welcome & Introduction to Secondments and PoC in SYS-LIFE, **PM Team**
- 9.30–10.00 Practicalities and Internal Procedures for Working Abroad, **Petri Mäkinen**, HR Specialist
- 10.00–10.15 Break
- 10.15–10.35 Experience Talk: Doing an International Secondment, **Sadegh Kaboli**, Doctoral Researcher, UTU-GreDiT (15-minute talk + time for questions)
- 10.35–11.00 Experience Talk: Crossing Institutional Boundaries: My Experience from a Secondment at FINEEC, **Zhou Xingguo**, TIES Postdoctoral Researcher
- 11.00–11.30 Your Research, Their Lab: IP & Legal Essentials for MSCA Secondments, **Perttu Tuuppa**, Lawyer, Legal Affairs
- 11.30–12.45 Lunch at restaurant Elli
- 12.45–13.15 Industry Perspective: What Companies Expect from Researchers, **Manu Tamminen**, CEO, Genomill
- 13.15–13.30 Break
- 13.30–14.10 SYS-LIFE Presentations (15 minutes + 5 minutes Q&A)
- Jarkko Johansson**
- Oluwafemi Ojo**
- 14.10–14.30 Coffee Break
- 14.30–15.15 SYS-LIFE Presentations (10 minutes + 5 minutes Q&A)

Anna Scheer

Usevalad Ustsinau

Muhammad Shafiq

Instructions for the presenters: Use a simple systemic framing: clarify which part of the system you study, which mechanisms you address, and what data you use or produce. This will help us identify connections and potential collaboration opportunities across SYS-LIFE projects. Please include the key takeaways from your findings on the final slide.

15.15-15.30 SYS-LIFE info: Summer School 2026

This training is organised by SYS-LIFE, Systemic Approaches to Improve Cardiometabolic and Brain Health during Lifespan is Marie Skłodowska-Curie postdoctoral programme cofunded by University of Turku and European union (project 101126611) running from 2023–2028.