Smart Exercise

www.campussport.fi info@campussport.fi



CHOOSE YOUR PATH.



100 hours of exercise

Muscle tone

Pump, Crosstraining, Acrobatics

Heart Rate

Bike, HIIT, Combat, Step

Dance

DanceFit, Twerk, Jazz

Body Maintenance

Yoga, Pilates, Deep stretching

Outdoor exercise

Running, Outdoor Workout, Parkour





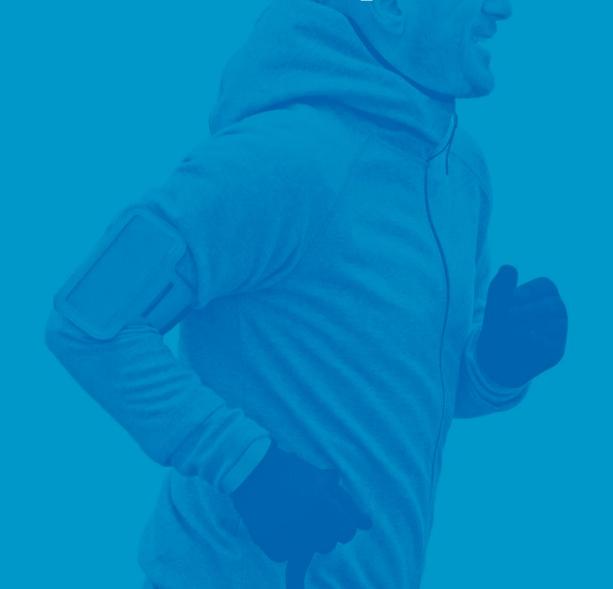


- ASA, ASA-huset (Vänrikinkatu 3) 140m²
- Roddis, Kåren (Hämeenkatu 22) 135m²
- Formis, (Ajurinkatu 2), 115m²
- Educarium (Assistentinkatu 5), 90m²
- Ruiskatu (Ruiskatu 8), 85m²





Combat & Ballsports





Ball sports shifts

 Badminton, Bubble football, Floorball, Futsal, Basketball

Combat sports

Taekwondo



How to join?



Prices and seasons

Sports fees (inc. VAT 10%)

- 66 euro / academic year (fall AND spring)
- 44 euro / semester (fall OR spring)

- Fall semester 2.9.-31.12.2019
- Spring semester 2.1.-30.4.2020

Free trial period 2.9.-15.9.2019 – welcome!

Join in!

- www.campussport.fi/en -> online store
- Log in with your university credentials and pay the desired fee (+key tag)
- Remember to log out if you use the same computer with friends!
- Go to activate the tag at the service desk
 (Educarium, Sport Sirkka)
- Find out more on our website!



C Competition

Competitions

- 26 competitions during the year for all members of Universities in Turku
- In the autumn e.g. football, volleyball, golf, tennis
- campussport.fi/competitions





Courses

- 17 courses
- 2-8 lessons, separate fee 20-50 €
- We offer e.g. trail running, submission wrestling, handstand, couple salsa, swimming technique and racket ball

Join us!

www.campussport.fi info@campussport.fi Facebook & Instagram:
@campussportturku
#campussportturku



SportAppro Sep 26

- The idea is to collect stamps in a sports pass in various sport events
- Price 5€
- Pre-registration needed, follow CampusSport's channels to find out more!