# Business model transformation in healthcare

## Research & Education view



Pekka Hänninen, professor of Medical Physics and Engineering, Dean, Faculty of Medicine



## **Death toll**

• 1918-1920: H1N1 - 20 - 100M

• 2020 - : SARS-CoV2 - 20M+

## Covid-19 overtakes 1918 Spanish flu as deadliest disease in American history



By Helen Branswell 💆 Sept. 20, 2021

Reprints



Volunteer nurses from the American Red Cross tend to influenza patients in the Oakland Municipal Auditorium, used as a temporary hospital in 1918.

#### **UPDATED ON JANUARY 13TH**

The Economist Estimated global excess deaths
With 95% confidence interval

22.4m

19.2m

22.4m

2.2x

3.5x

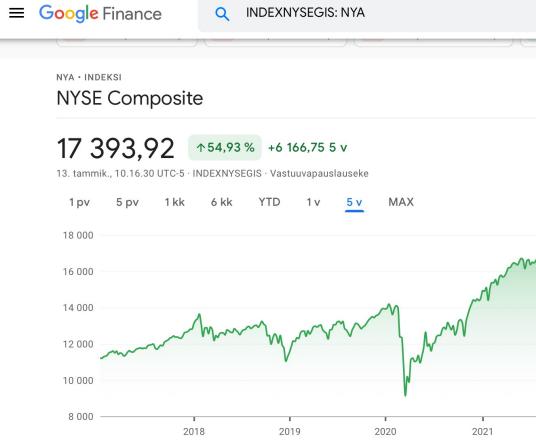
official deaths

Official global covid-19 deaths

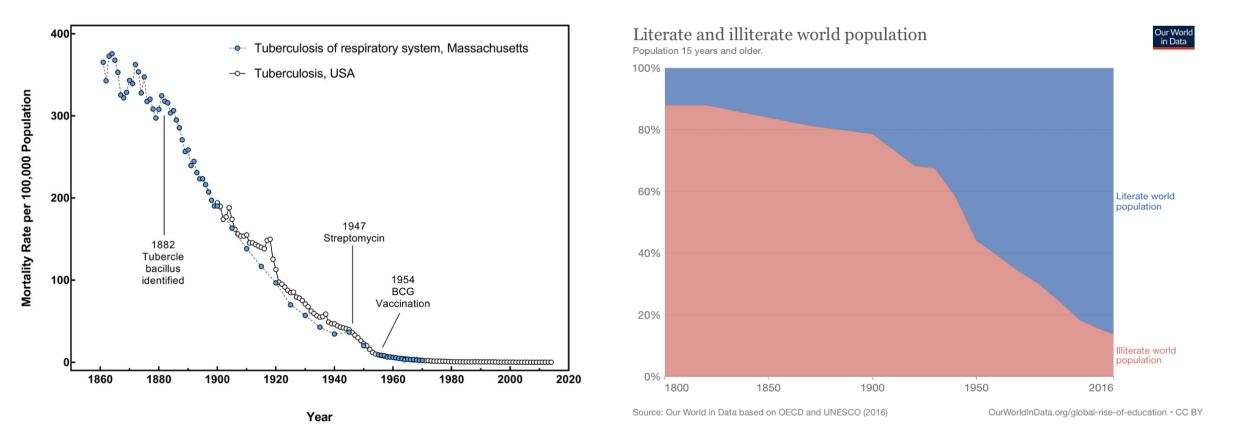


# Meanwhile on planet Earth









McKeown's thesis: **The growth of population can be attributed to a decline in mortality from** infectious diseases, *primarily thanks to better nutrition*, later also to better hygiene, and <u>only marginally and late to medicine</u>.



# What does data tell us beyond Covid-19 of global healthcare?

https://ourworldindata.org/



#### Can you buy health?

#### Healthy life expectancy vs. Health expenditure per capita, 2014



Healthy life expectancy, defined as the average number of years lived free from disability or disease burden, versus average per capita health expenditure measured in 2011 international-\$.



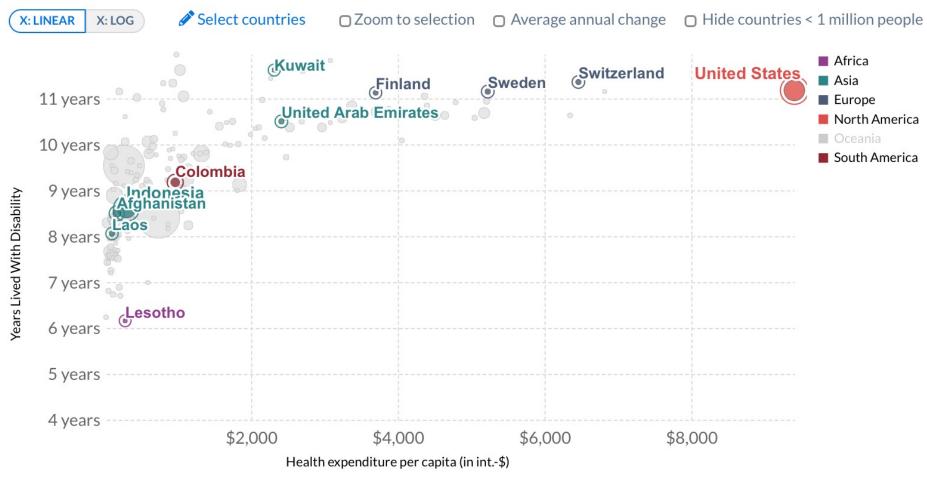
#### Can you buy health?

#### Years lived with disability vs. Health expenditure per capita, 2014



Average number of years lived with disability or disease.

Versus average health expenditure per capita, measured in 2011 international-\$.





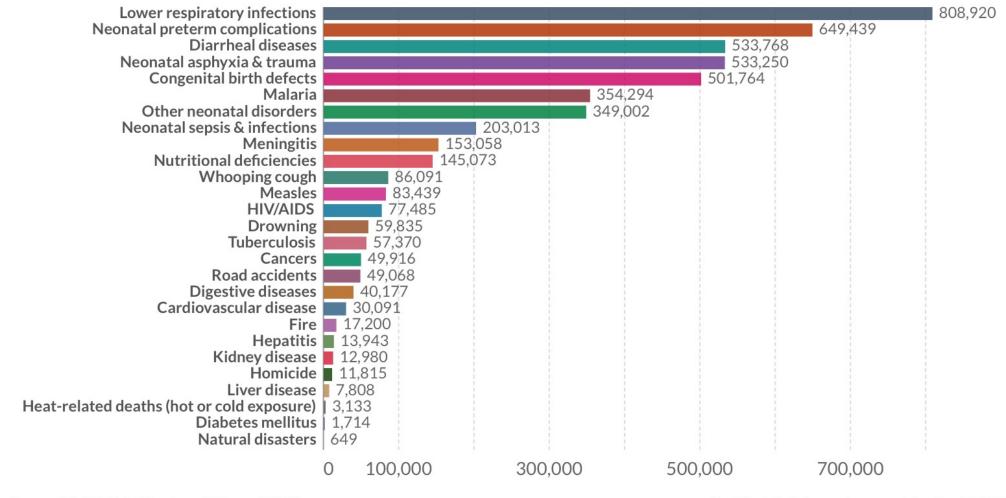
#### Where should we then invest?

#### Causes of death in children under 5, World, 2017

Our World in Data

Annual number of deaths by leading causes in children under 5 years old.

#### **☐** Change country



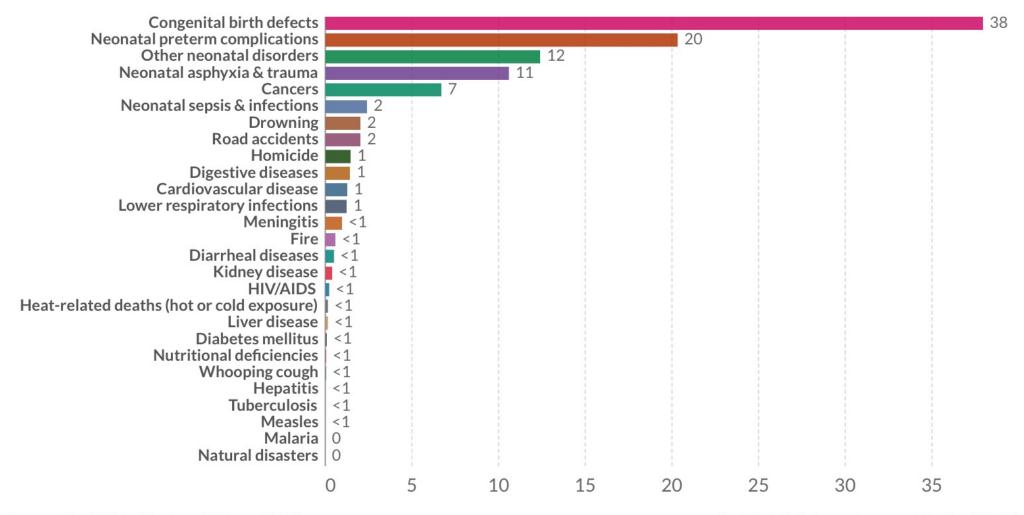
#### Where should we then invest?

#### Causes of death in children under 5, Finland, 2017





#### **☐** Change country



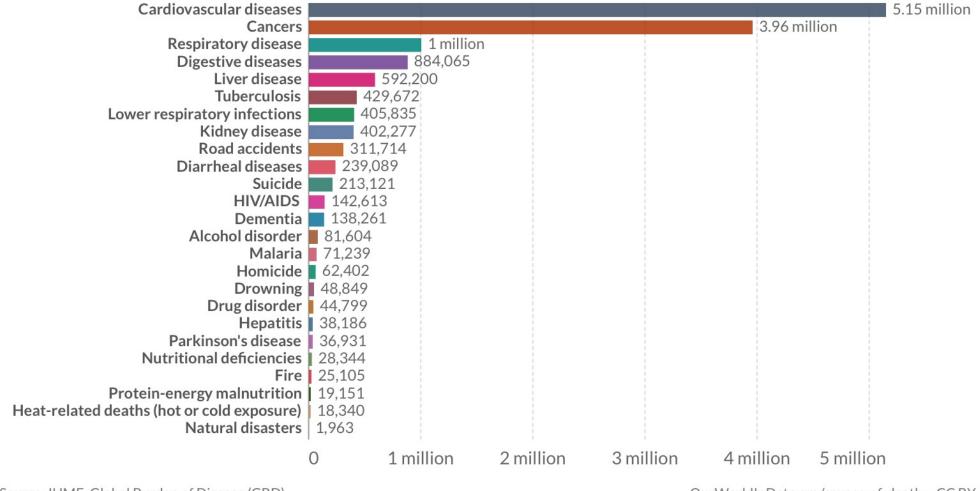
#### Where should we then invest?

#### Causes of deaths for 50 to 69 year olds, World, 2017



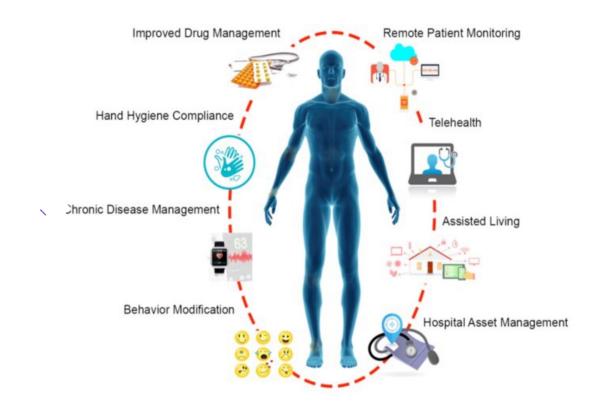
Annual number of deaths - by cause - for people between 50 and 69 years.

**≃**Change country



### What next?

- People are increasingly aware of their health
  - Highly dependent on education and social status
  - New Opportunities for technology, education and preachers
- Remote/Internet doctor services
  - In some areas already covering more than 50% of health visits
- Health tech from fittness industry comes to every day life
  - Personal wearables





### What next?

- People demand their "rights"
  - Young doctors facing aging opinionated customers
- Growth for Health Industry from developing countries
  - Many modern "Western World" solutions are not economically nor ethically sustainable
- Cost-effectiveness criteria for health care



## What next?

- Opportunities for avoidance and early detection of noncommunicable diseases
- More effort on infectious disease control ? – will we forget ?
- And above all we will learn to use DATA better - the key to future lies in data



## How do we approach all these questions in Education:

- Close collaboration with the service providers (Incl. private sect)
- Emphasis on areas of growing needs
  - Generate attractivity by introducing to specialist areas early on during medical education
    - Geriatric medicine, Psychiatry, General medicine...
- Patient communication
- Simulation teaching
- Science track also for the medical students
- Multidisciplinary education
  - Academy concept of the faculties



## How do we approach all these questions in Science:

- Network of collaboration within Turku Area
- The faculty profiles in
  - Drug Development, Diagnostics and Health
  - ⇒Profiling actions beyond basic research on e.g.:
  - 1. Long term follow-up studies on major non-communicable diseases
  - 2. Interventions and studies with social dimension
    - Invest, Center of Excellence of Physical Activity for Children and Youth (HCT)
  - 3. Novel early diagnostics & therapeutics
    - 1. Inflames
  - 4. Strong efforts&investments in data-sciences







## My theses

- Deregulate
  - (Good hearted) regulation slows down and kills innovation processes
    - The first X-ray came to Finland just two years after the innovation would it ever happen today?
    - New regulation on biobanking and GDPR are killers for research
- Challenge dogmas
  - Even scientists often revert to beliefs beyond data
    - Many Nobel laureates have had to walk this path of unjust disbelief
- Data is the king
  - We only have to read it <u>right</u>



