

University of Turku
Faculty of Medicine
Department of Nursing Science

PROGRESS AND RESOURCE PLAN

The progress and resource plan shall provide a general outline of the timetable and the proposed resources for the Doctoral Candidate's dissertation project. The doctoral degree requires 40 ECTS of theoretical studies, completion of a written doctoral dissertation and a public defense. The applicant shall get acquainted with the [curriculum of the Doctoral Degree in Health Sciences](#) and the [Study guide for academic postgraduate studies 2020-2022](#) before compiling and submitting the progress and resource plan.

The progress and resource plan shall include at least the following components:

1. Timetable for doctoral studies and doctoral research

Doctoral studies are usually scheduled for a period of 4–5 years, but Doctoral Candidates may also work on tighter schedule if they have good reasons to do so. The progress plan shall be presented month by month for the first semester, and semester by semester for the rest of the planned study time. [The weekly plan \(Excel\) of a Doctoral Candidate](#) shall be used as the example of the progress plan.

2. Internationalisation plan

The University of Turku is part of the international scientific community. Internationality comes true in scientific projects and conferences, student and teacher exchange and networks between the universities. The applicant shall make a plan how he/she intends to promote his/her own internationalization during the studies. This plan shall be made for the whole period of doctoral studies.

3. Reconciling doctoral studies and the doctoral dissertation with other important things in life

Doctoral studies take several years to complete. Applicants are therefore encouraged to give serious thought on how they plan to reconcile the requirements of research work with other important things in life (family, leisure and social activities). In particular, applicants should talk about their plans with family members and significant others at the time of application so as to facilitate the integration of studies with other areas of life. Since this is a private matter applicants are not required to include any written account of these considerations, but they must nevertheless enter for the record that they have given thought to these questions.

The progress and resource plan **should not exceed 5 pages**

Applicants should note that they are expected to submit a preliminary plan only. The plan will be developed once the Doctoral Candidate is enrolled. The main purpose of the plan is to demonstrate that the applicant has thought through and analyzed the questions of progressing and resources.