

University of Turku  
Faculty of Medicine  
Department of Nursing Science

## PROGRESS AND RESOURCE PLAN

The progress and resource plan is a document providing a general outline of the timetable and the proposed resources for the Doctoral Researcher's dissertation project. The doctoral degree consists of 40 ECTS of postgraduate studies, completion of a written doctoral dissertation and a public defense. The applicant should get acquainted with the [curriculum of the Doctoral Degree in Health Sciences](#) and the [Study guide for academic postgraduate studies 2024-2027](#) before compiling and submitting the progress and resource plan.

The progress and resource plan should include at least the following three components:

### 1. Timetable for doctoral studies and doctoral research

Doctoral studies are usually scheduled for a period of 4–5 years, but Doctoral Researchers may also work on tighter schedule if they have good reasons to do so. The progress plan should be presented month by month for the first semester, and semester by semester for the rest of the planned study time. [Please see an example of the progress plan of a Doctoral Researcher \(Excel\).](#)

### 2. Internationalisation plan

The University of Turku is part of the international scientific community. Internationality comes true in scientific projects and conferences, student and teacher exchange and networks between the universities. The applicant will make a plan of how they intend to promote their own internationalisation during the studies. This plan will be made for the whole period of doctoral studies.

### 3. Reconciling doctoral studies and the doctoral dissertation with other important things in life

Doctoral studies take several years to complete. Applicants are therefore encouraged to give serious thought on how they plan to reconcile the requirements of research work with other important things in life (family, leisure and social activities). In particular, applicants should talk about their plans with family members and significant others at the time of application so as to facilitate the integration of studies with other areas of life. Since this is a private matter applicants are not required to include any written account of these considerations, but they must nevertheless enter for the record that they have given thought to these questions.

The progress and resource plan **should not exceed 5 pages**.

Applicants should note that they are expected to submit a preliminary plan only. The plan will be developed once the Doctoral Researcher is enrolled. The main purpose of the plan is to demonstrate that the applicant has thought through and analysed the questions of progressing and resources.