



UNIVERSITY
OF TURKU

Soihtu sweater

Design by:
Jenna Kostet
@ihtiriekkoknits



Size: M
Novita 7-veljestä, 75 % wool, 25 % polyamide
Base colour
 514 wild rose
Pattern colour
 010 off white



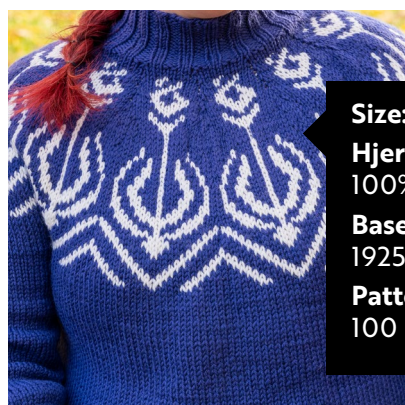
Size: L
Hjertegarn Lima, 100% wool
Base colour
 100 off white
Pattern colour
 5050 turquoise



Size: M
Vuonuen Manta, 100% Finnish sheep wool
Base colour
 burgundy
Pattern colour
 natural white



Size: L
Drops Karisma, 100% wool
Base colour
 mix 74 lavender
Pattern colour
 uni colour 01 off white



Size: L
Hjertegarn Lima, 100% wool
Base colour
 1925 royal blue
Pattern colour
 100 off white



Size: L
Vuonuen Manta, 100% Finnish sheep wool
Base colour
 natural black
Pattern colour
 natural white

INSTRUCTIONS

Soihtu is a top down knitted sweater with a Fair Isle yoke. The sweater has a ribbed neckline and long sleeve ribs that can be folded in or out. The back of the sweater is lengthened by adding short rows to the hem.

Select a size that is about 5 cm larger than your chest circumference. The sweater has a fairly tight fit with close-fitting sleeves.

Yarn: Vuonue MANTA (100% Finnsheep wool, 100 g = 180 metres) or a similar Aran yarn, such as Istex Lettlopi.

Yardage: Base colour 440 (460, 500, 530, 565, 590, 620, 690) grams / 792 (828, 900, 954, 1017, 1062, 1116, 1242) metres

Colour for the pattern 66 (70, 73, 77, 80, 85, 89, 95) grams / 119 (126, 131, 139, 144, 153, 160, 171) metres

Gauge: 18 x 20 stitches = 10 x 10 cm of stocking stitch with 4 mm needles.

Sizes: XS (S, M, L, XL, 2XL, 3XL, 4XL)

Chest circumference: 73 (84, 95, 102, 113, 122, 135, 144) cm. The model is fairly tight fitting. Select a size that is about 5–10 cm larger than your chest circumference.

Needles: 3.5 mm for the ribbed knit and 4 mm for the stocking stitch and Fair Isle stitch, circular needle (40 cm and 100 cm or depending on the size). Set of 3.5 mm sock needles for the sleeve ends.

Other equipment: stitch markers, waste yarn, needle for tying off the tail ends



NECKLINE AND YOKE



The sweater has a ribbed neckline. Cast on 72 (76, 84, 88, 96, 96, 100, 104) stitches on the shorter 3.5 mm circular needle with the main colour. Join the round and place a movable stitch marker at the start of the new round. The stitch marker will be at the centre of the back piece. Rib for 3 cm (K2, P2).

When you have completed the neckline, change to 4 mm needles and proceed in stocking stitch in the round while increasing 0 (4, 4, 8, 8, 16, 20, 24) stitches evenly until you have 72 (80, 88, 96, 104, 112, 120, 128) stitches.

Knit German short rows onto the back for an improved fit:

When knitting a short row, start by slipping one stitch purlwise and pull tight until the stitch slides around to form a double stitch. The double stitch is treated as one stitch on the next row. The first stitch that is slipped is included in the number of stitches per row. Knit the short rows starting from the stitch marker (centre back).

Tip: you can search for instructive videos on German sort rows, for example, on YouTube.

1st row (RS) knit 6 (6, 7, 8, 10, 10, 12, 12). Turn over.

2nd row (WS) purl 12 (12, 14, 16, 20, 20, 24, 24). Turn over.

3rd row (RS) knit 18 (18, 21, 24, 30, 30, 36, 36). Turn over.

4th row (WS) purl 24 (24, 28, 32, 40, 40, 48, 48). Turn over.

5th row (RS) knit to the stitch marker.

Start the diagram. The diagram is read from top to bottom and from right to left. Yarn over at the indicated increase points: on the following row, knit the yarn from the back loop to avoid forming a hole. Always yarn over with the base colour.

The pattern is repeated 9 (10, 11, 12, 13, 14, 15, 16) times per row. In the smaller sizes, you can skip rows 18–19 if you want the yoke to be shorter. When you have finished the pattern, the work will have 216 (240, 264, 288, 312, 336, 360, 384) stitches.

If you prefer a deeper yoke, proceed in stocking stitch in the round until the yoke measures 26 (27, 28, 30, 32, 34, 35, 36) cm or as desired. The lower edge of the yoke should be slightly below the underarms.

Divide the work into sleeves and body as follows: Knit 30 (35, 39, 42, 46, 50, 55, 59), transfer 48 (50, 54, 60, 64, 68, 70, 74) stitches to a waste yarn for the sleeve and cast on 6 (6, 8, 8, 10, 10, 12, 12) underarm stitches, knit 60 (70, 78, 84, 92, 100, 110, 118), transfer 48 (50, 54, 60, 64, 68, 70, 74) stitches to a waste yarn for the sleeve, cast on 6 (6, 8, 8, 10, 10, 12, 12) underarm stitches, knit 30 (35, 39, 42, 46, 50, 55, 59) until you reach the stitch marker (centre back). The work now has 132 (152, 172, 184, 204, 220, 244, 260) stitches for the body.

BODY



Proceed in stocking stitch in the round with the 132 (152, 172, 184, 204, 220, 244, 260) stitches that make up the body. Keep the stitch marker in the centre back, as you will knit shorter rows at the back hem. Proceed in stocking stitch until the body measures 30 (32, 33, 35, 37, 39, 41) cm from the underarm. Knit the short rows back and forth, starting at the centre back marker. Slip the first stitch purlwise, as you did with the short rows at the neck:

1st row (RS) knit 36 (36, 42, 42, 48, 48, 54, 54). Turn over.

2nd row (WS) purl 72 (72, 84, 84, 96, 96, 108, 108). Turn over.

3rd row (RS) knit 66 (66, 77, 77, 88, 88, 99, 99). Turn over.

4th row (WS) purl 60 (60, 70, 70, 80, 80, 90, 90). Turn over.

5th row (RS) knit 54 (54, 63, 63, 72, 72, 81, 81). Turn over.

6th row (WS) purl 48 (48, 56, 56, 64, 64, 72, 72). Turn over.

7th row (RS) knit 42 (42, 49, 49, 56, 56, 63, 63). Turn over.

8th row (WS) purl 36 (36, 42, 42, 53, 53, 48, 48, 54, 54). Turn over.

9th row (RS) knit 30 (30, 35, 35, 40, 40, 45, 45). Turn over.

10th row (WS) purl 24 (24, 28, 28, 32, 32, 36, 36). Turn over.

11th row (RS) knit 18 (18, 21, 21, 24, 24, 27, 27). Turn over.

12th row (WS) purl 12 (12, 14, 14, 16, 16, 18, 18). Turn over.

13th row (RS) knit to the stitch marker.

Work one round in stocking stitch, knitting the double stitches created on the short rows together so that the number of stitches does not increase.*

Knit 5 cm in stocking stitch in the round and repeat the short rows as in *_*. If you prefer a shorter hem, do not repeat the short rows and start ribbing immediately after the first set of short rows.

Change to 3.5 mm needles and rib for 3 cm (K2, P2). Cast off loosely.

SLEEVES

Transfer 48 (50, 54, 60, 64, 68, 70, 74) from the waste yarn to a 4 mm needle and pick up 6 (6, 8, 8, 10, 10, 12, 12) underarm stitches, placing a stitch marker in the centre of the underarm stitches. Proceed in stocking stitch with the 54 (56, 62, 68, 74, 78, 82, 86) stitches for 2 (3, 5, 6, 6, 7, 7) cm and make decreases, starting at the stitch marker: *knit 1, knit 2 together, stocking stitch until there are three stitches before the marker, knit 2 together, knit 1.* Repeat *_* once in 5 (5, 5, 6, 6, 6, 7) rounds until you have 36 (36, 36, 40, 40, 40, 44, 44) stitches. Proceed in stocking stitch until the sleeve measures 40 (42, 43, 44, 44, 45, 45) cm from the underarm. Change to 3.5 mm sock needles and rib for 16 cm (K2, P2). When the rib is ready, cast off loosely. You can fold the sleeve in and baste loosely or fold it out without basting. Knit the other sleeve similarly.

FINISHING

Wet the sweater and let it dry in shape, weave in the tail ends and baste the sleeves, if desired.

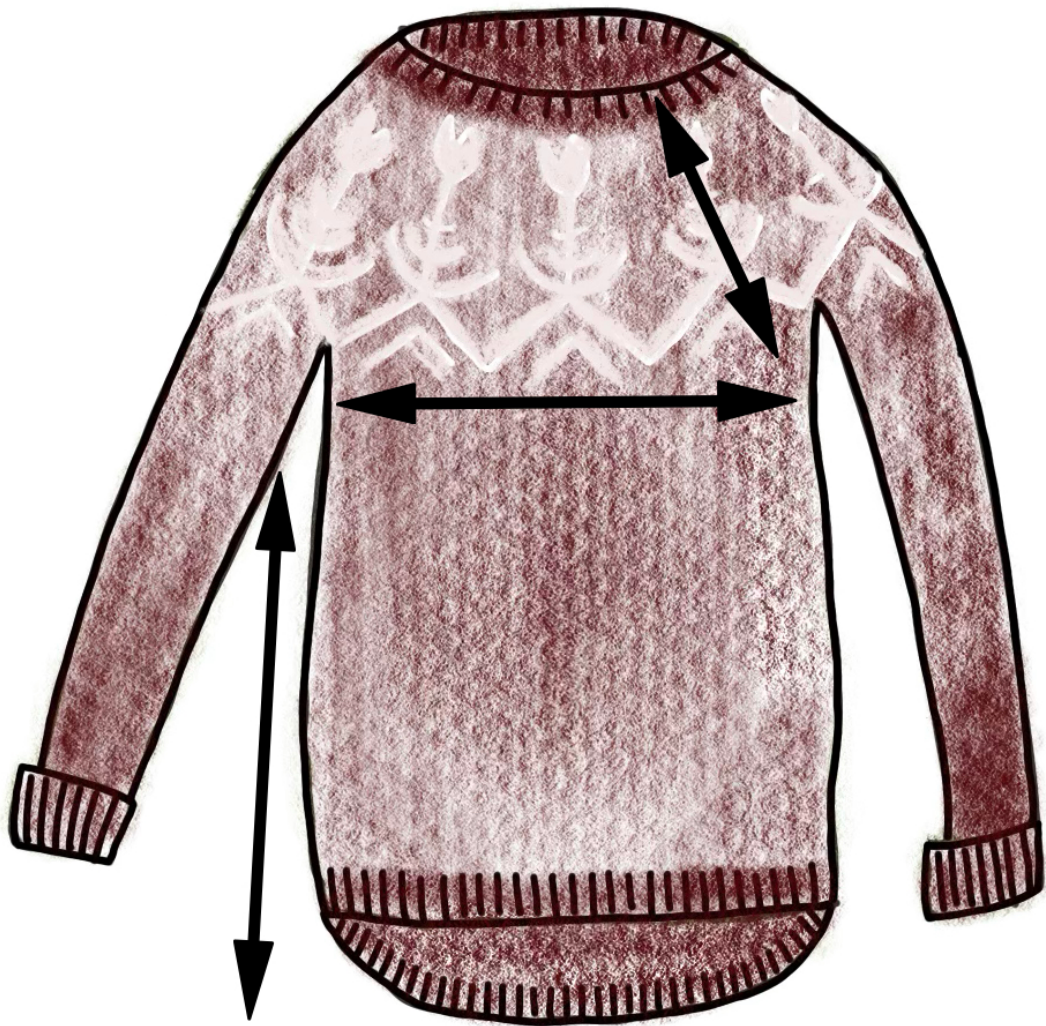


Yoke depth

26 (27, 28, 30, 32, 34, 35, 36) cm

Bust measurement

73 (84, 95, 102, 113, 122, 135, 144) cm



Body length

40 (42, 43, 45, 47, 49, 51) cm

